

Delicaé Gourmet Product Information

Tarpon Springs, Florida 34688

800-942-2502 - Fax 727-942-1837

19051 **Mango Cilantro Mustard**

Net Wt. 7.4 oz (209g)

Nutrition Facts

Serving Size 1 tbsp (15g)

Servings per Container 15

Amount per Serving

Calories 25 **Calories from Fat 0**

% Daily Value *

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 135mg **6%**

Total Carbohydrate 5g **2%**

Dietary Fiber less than 1g **3%**

Sugars 3g

Protein 1g

Vitamin A 2% * Vitamin C 2%

Calcium 2% * Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories 2,000 2,500

Total Fat Less than 65g 80g

Sat Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram

Fat 9 * Carbohydrates 4 * Protein 4

Ingredients: Mustard (mustard seed, water, vinegar, salt), Cane Sugar, Mango, Honey, Key Lime Juice, Cilantro, Red Pepper Flakes, Ginger, Allspice, Garlic, Cardamom, Turmeric, Nutmeg, Cloves, Onion and Natural Mango Flavor.

Manufactured in equipment used to manufacture nut products.

Serving Suggestions:

The sweet mango with the distinct flavor of cilantro and a dash of heat creates an exciting tropical glaze for chicken and fish. Terrific as a dip for vegetables and pretzels or as a sandwich spread.