

Delicaé Gourmet Product Information

Tarpon Springs, Florida 34688

800-942-2502 - Fax 727-942-1837

19421 Mango Curry Mustard

Net Wt. 6.9 oz. (196g)

Nutrition Facts	
Serving Size 1 tbsp (15g)	
Servings per Container 15	
Amount Per Serving	
Calories 20	Calories from Fat 0
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	5%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Sugars 3g	
Protein 0g	
Vitamin A 4%	* Vitamin C 2%
Calcium 0%	* Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9	* Carbohydrates 4 * Protein 4

Ingredients: Mustard (mustard seed, water, vinegar, salt), Mango, Cane Sugar, Curry Powder, Key Lime Juice, Cardamom, Ginger, Cinnamon, Cloves, Cayenne and Natural Mango Flavor.

Serving Suggestions:

The spice of Indian Curry blended with sweet tropical mango is terrific with chicken & fish. Fantastic in a Waldorf Salad and as a sandwich spread.

Manufactured in equipment used to manufacture nut products.